

Some Suggestions for Practicing a Lifestyle of Worship

by Ashley Ross

Imagine Jesus is by your side each day: whilst your walking, eating, driving, doing tasks, working.

UP: Relationship with God

— Prayer, Scriptures (Bread), fasting (counters battle with our appetites)

- The Bible trains us in God orientation
- Practically - post-its, cross on door, worship music
- Action of crossing mind, lips, heart (before Gospel is read)

IN: Relationship in Community

— Sabbath, accountability & prayer partners (counters approval), Missional Community's, Sundays, Prayer meetings, go to the park together, run together, eat together

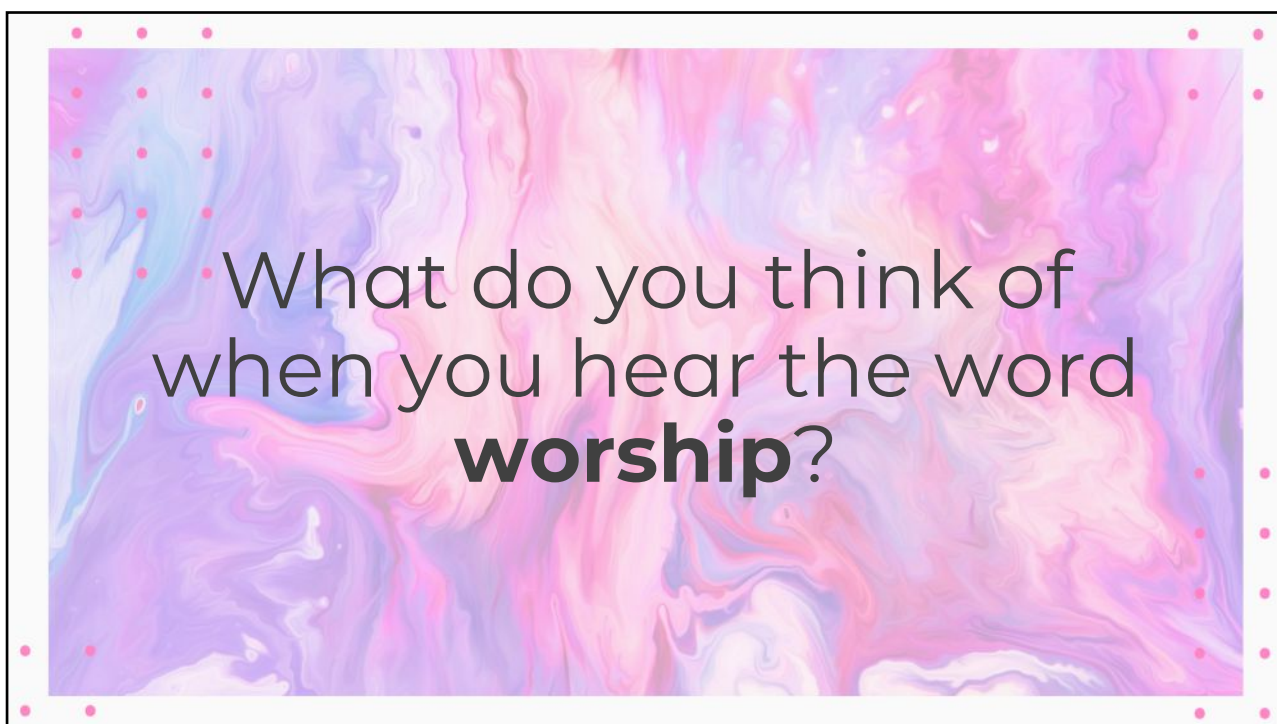
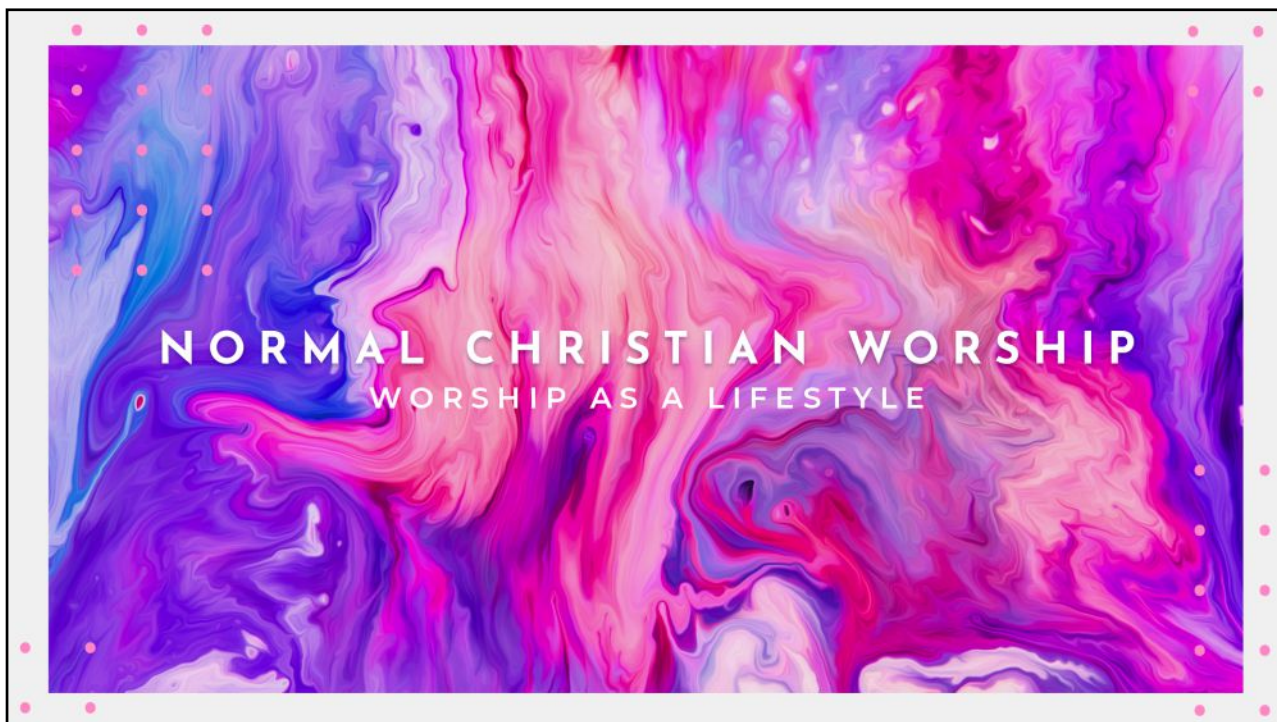
- Diversity (Kenya church) - hang out with those different to you

OUT: Relationships out in the world

— Service in humility, mission, sharing with those in need, sharing God with others (counters Ambition)

- Work as an act of worship – “whatever you do, do it as though for the lord” (Colossians 3:23)

What's your direction of travel? Towards God or away from Him?





What do you think of
when you hear the word
life?



**Hear, O Israel: The LORD is our
God, the LORD alone. You shall
love the LORD your God with all
your heart, and with all your
soul, and with all your might.**

Deuteronomy 6: 4-5 (NRSV)

Keep these words that I am commanding you today in your heart. Recite them to your children and talk about them when you are at home and when you are away, when you

Deuteronomy 6: 6-7 (NRSV)

lie down and when you rise. Bind them as a sign on your hand, fix them as an emblem on your forehead and write them on the doorposts of your house and on your gates.

Deuteronomy 6: 7-9 (NRSV)

Hear, O Israel: The LORD is our God, the LORD alone. You shall love the LORD your God with all your heart, and with all your soul, and with all your might.

Deuteronomy 6: 4-5 (NRSV)

Hear, O Israel: The LORD our God, the LORD is one; you shall love the LORD your God with all your heart, and with all your soul, and with all your mind, and with all your strength.

Mark 12: 29-30 (NRSV)

**You shall love your neighbour
as yourself.**

Mark 12: 31 (NRSV)



